

AFTERLIFE EXPERIENCES

"Have you ever wondered how the people Lapland have survived extreme weather conditions? Honestly, let's face the facts, the months of January and February are called as 'Sydäntalvi' which means the 'Heart of Winter'.

Tomorrow's weather is unpredictable, you never know whether it's going to be -40°C or -2°C with a snowstorm. Surviving in the extreme requires certain skills. Mastering these skills is a necessity, not a recommendation. Lappish people have survived in these conditions for centuries and now we want to share some of these unique skills and traditions with you in this very hands-on experience. "

INTRODUCTION

In this 3-hour hands-on workshop you get to dive into Lappish culture and Arctic skills. You will learn how to keep yourself warm in cold and how to make a fire without using a lighter or matches, just to mention a few skills. Local food and sustainable way of living are also important to us and these themes are included in the workshop, in a very functional and interesting way naturally.

But the foremost, this experience is designed to be recreational and we make sure you go back to hotel recharged and many new ideas in your pocket. Our facilitators come from teacher background and pedagogy is close to their heart; that's why we have made this experience as learner-centred as possible.

For further information:

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WE OFFER YOU

- a unique experience based on experiential learning
- a possibility to learn about Lapland from local people
- stories about Lapland
- a chance to learn core survival skills
- a method for learning about and through nature
- facts about nature
- new taste experiences

DETAILS:

- Date and time: 4.2.2023
- Place: At an authentic Lappish environment
- Group size: 15 – 50 persons
- Price: 190 € (EXCL. VAT 24%) per participant
- Facilitator in charge: Kimmo Tuunala
- Booking: as part of the LIFE2022 online registration process

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FACILITATOR

Kimmo Tuunala (M.Ed) is a class teacher, teacher trainer, environmental educator and facilitator. He is a nature enthusiast and has carried out nature-related lessons, theme days, camps and workshops for years.

With his team, Kimmo designs experience-based sessions that are closely connected to Lappish nature, the wellbeing effects of nature, the human-nature connection, sustainable way of living and survival skills.

